

Our Values

At Sydney Multicultural Community Services we follow the enablement principles of care according to which:

Individuals and their carers always have the potential to improve their personal wellbeing.

Gains are not difficult to achieve provided the individuals are willing to explore their potential and people around them are supportive.

Community support is based upon individuals' needs and not on what is available.

Staff at SMCS constantly strives to apply client centred care based upon every individual's needs, desires and degree of willingness to implement a plan in order to achieve what he or she wants to. All this is done with cultural expertise thanks to our multicultural staff coming from five continents, speaking more than ten languages.

Groups Venues

Sydney MCS runs a diverse range of groups with weekly activities at several different locations including:

SMCS Head Office

3 General Bridges Crescent,
Daceyville, 2032

Dacey Gardens Community Hall

33 Boussole Rd,
Daceyville, 2032

St George A. Orthodox Cathedral

Arabic Group

Corner of Walker St and Cooper St,
Redfern, 2016

Contact

For more information please contact SMCS Head Office

3 General Bridges Crescent,
Daceyville, NSW, 2032


t: (02) 9663 3922

e: info@sydney.mcs.org.au

w: www.sydney.mcs.org.au

Keep In Touch

 facebook.com/sydney.mcs

 twitter.com/CommunitySydney

 instagram.com/sydney.mcs

Social Support Groups



**sydney
mcs**

sydney multicultural
community services

SETTLEMENT | INCLUSION | AGED CARE | DISABILITY



About the Program

The Social Support Groups Program is funded by the Department of Health through the Commonwealth Home Support Program.

Our Social Support Groups offer recreational and social activities program for frail older people and people with dementia from Culturally and Linguistically Diverse backgrounds.

The program presents participants with an opportunity to meet new people, make new friends and get involved in great social activities at our Day Centre or in the local neighbourhood. Our activities are designed to support participants' physical and psychological wellbeing.

This program can also offer carers a much needed break (respite) from their caring role.

Services we Provide

- Transport; pick up and drop off to the Daceyville centre with bilingual assistance.
- Culturally appropriate hot lunch, morning and afternoon tea.
- Monthly outings to places of interest.
- Companionship.
- Planned activities, fun and laughter.
- Educational and informal workshops.
- Therapeutic and recreational programs.

Cost

Charges for Frail Aged and Dementia groups are \$15.00 per day, including pick up and drop off, morning tea, lunch and afternoon tea.

SSP Eligibility

The service is funded for people aged 65 years and over in the Local Government Area of Bayside, Randwick, Waverly, Woollahra and City of Sydney.

Our Social Support program is available for people who have been assessed by the Australian Government 'My Aged Care' - 1800 200 422

Multicultural Groups

Sydney MCS also runs a diverse range of groups with weekly activities reflecting language and cultural specificities including:

- Chinese Group
- Arabic Group
- Maltese Group
- Spanish Group
- Polish Group
- Italian Group
- Frail aged & early onset Dementia Groups