

Clients Needed

SMCS is seeking clients of a Culturally and Linguistically Diverse (CALD) background who are recipients of Australian Government subsidised aged care services or Home Care Packages in the South East or Inner West Sydney who:

- Do not have regular frequent contact with friends or relatives.
- Quality of life is not enhanced by the visits they currently receive.
- Feel isolated and lonely
- Frailty or mobility or communication impairments prevent them from participating in social or leisure opportunities.
- Are socially isolated or at risk of being socially isolated.

Please note that this program is not available to recipients of Home and Community Care (HACC) services.

SMCS constantly strives to apply client centred care based upon every individual's needs, desires and degree of willingness. All this is done with cultural expertise thanks to our multicultural volunteers who are paired with clients according to language and cultural background.

Clients Needed

Community Visiting addresses the social and emotional needs of older people with the aim of enhancing quality of life and well-being.

Volunteer visitors add to the quality of life of the elderly client by being a companion, confidante and friend.

Positive outcomes of participating can increase self-esteem and well-being, diminish feelings of anxiety, isolation and loneliness and give clients a sense of connection to the community.

Types of Visits

- One on one visit; between volunteer visitor and client in a residential aged care facility.
- One on one visit; between volunteer visitor and client in their home
- A group visit that consists of two or more clients at the same time in a residential aged care facility.

Contact

For more information please contact SMCS Head Office

3 General Bridges Crescent,
Daceyville, NSW, 2032

t: (02) 9663 3922
e: info@sydneymcs.org.au
w: www.sydneymcs.org.au

Keep In Touch

 facebook.com/sydney.mcs

 twitter.com/CommunitySydney

 instagram.com/sydney.mcs

Community Visitors Scheme



**sydney
mcs**

sydney multicultural
community services

SETTLEMENT | INCLUSION | AGED CARE | DISABILITY



About the Program

- The Community Visitors Scheme (CVS) program is funded by the Department of Social Services (DSS). The program serves culturally and linguistically diverse (CALD) residents, who may be isolated by limited family support, language and cultural barriers.
- Sydney MCS recruits, trains and supports volunteers to visit with an eligible resident either in an aged care facility or at home. The volunteer Community Visitor is matched with a Community Resident according to language and cultural backgrounds and possibly other interests.
- Visits take place at least once a fortnight for an hour or two. Activities may include conversation, games, watching TV, listening to music, reading, reminiscing or other activities depending on the capacity of the resident.

A Community Visitor does not include nursing, personal or home care.

Volunteers Needed

A Community Visitor with SMCS will gain an understanding of social and emotional needs of elderly with the aim of enhancing quality of life and well-being. People volunteer for many reasons. Some use volunteering as a way to gain new skills and experiences. A Community Visitor with SMCS will gain an understanding of non-profit organisations, servicing vulnerable and marginal groups, health and safety assessments, diversional therapy approaches and simple reporting. They may also have opportunities for further training. Community visitors are valued members of the SMCS team.

Volunteering with SMCS also provides an opportunity to meet new people, make personal or professional contacts, use and improve your language skills. Making a positive contribution to your community provides a sense of purpose and connection.

Learn about the CVS program, your role as a volunteer visitor and how we can best match you with a Resident and support you as a volunteer.

Volunteers Needed

Meeting your match

We will accompany you on your first visit to meet the Resident for the first time. You may then decide whether you would like to continue to visit with this resident at least once a fortnight.

When you are ready to commence visits, you will need to sign an *Acceptance of Duties* which outlines your role and a *Deed of Confidentiality*.

Training, Support and Resources

Training will be provided on issues related to aging, cultural and linguistic diversity as well as staying safe and healthy, ideas for visits, providing feedback, and other helpful resources. The CVS coordinator is available to help with any concerns and will contact you regularly to ensure you are happy with your current arrangement.

As a volunteer you are eligible for a range of community service courses offered by Learning and Development Training Organisations.